



Boys & Girls Clubs
of Canada

PACIFIC REGION

All parents deserve
support as they
undertake the
most important job
of all...

raising their
families

Parenting Without Power Struggles

This weekly program offers parents:

- ★ The opportunity to build on the strengths of families
- ★ Practical problem solving ideas to prepare for the transition from preteen to teen
- ★ Support from other parents that really understand
- ★ Hope from finding out that you are not alone
- ★ Respect and confidentiality

Please contact the Boys and Girls Club Services of Greater Victoria

Jan Townsend

250-384-9133 ext.222

Visit our website at: www.bgcvic.org



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