

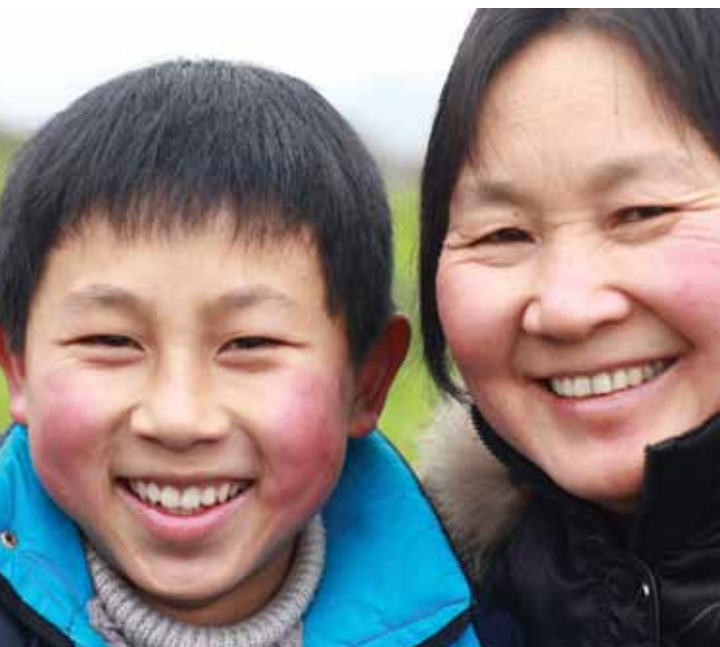


Boys & Girls Clubs
of Canada

PACIFIC REGION

Parenting Without Power Struggles

An Education and Group Support
Program For Parents of Preteens



All parents deserve support as they undertake
the most important task of all...

Raising their families.

Join us to:

- Receive support
- Increase your knowledge
- Boost your confidence as a parent



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PACIFIC REGION

This weekly group offers parents:

- The opportunity to build on family strengths
- Time to share and discover practical ideas on how to prepare for the transition from preteen to teen
- Support from other parents who really understand
- Respect and Confidentiality

What Some Parents Have Said....

"I now have a better understanding of the topics presented; this knowledge has given me better insight into the larger picture of parenting."

"I have already told two people about the program. Great course - so glad it exists because I have found it very helpful and really enjoyed attending each session."



For more information on Parenting Without Power Struggles please contact:

Boys and Girls Club Services of Greater Victoria
250-384-9133 ext. 222
www.bgcvic.org

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