



Boys & Girls Club  
Services of Greater Victoria  
A good place to be

## **PARENTING PROGRAMS**

### **Winter Sessions 2012**

### **INFORMATION SHEET**

#### **UPCOMING EDUCATIONAL & GROUP SUPPORT PROGRAMS**

##### **Parents Together**

- For parents of teens (13-19 years)
- Offers opportunities to strengthen your relationship with your teen, and honour their growth toward adulthood
- Suggests different ways of looking at your situation, presents additional skills to solve problems at your own rate, and supports and encourages you to follow through on your plans for change
- 10-12 week program (participants are welcome to attend until their needs are met).
- Held in a location close to you!

***Program Dates: Programs begin the third week of January! 6:30-8:45pm***

***New participants are welcome to join on an ongoing basis***

***Participant Fees: \$30/person, \$45/couple and \$15 for program book – Subsidies Available***

***Must pre-register as class size is limited***

##### **Parenting Without Power Struggles**

- For parents of preteens (8-12 years)
- Provides an overview of how families may be affected as children change/develop from preteen to teen
- Offers support, understanding, problem solving ideas, and skill development
- 10 week program held in a location close to you!

***Program Dates: TBA***

***Participant Fees: \$30/person, \$45/couple and \$20 for program manual – Subsidies Available***

***Must pre-register as class size is limited***

**These programs have been designed to help support parents in the most important task of all  
– raising their families!**

*Parenting Without Power Struggles and Parents Together were developed by staff and parents throughout BC and are administered under the auspices of Boys and Girls Clubs of Canada – Pacific Region.  
Funding for Parents Together in Greater Victoria is provided by Ministry of Children and Family Development.*

For more information call Jan Townsend at 250.384.9133 ext 222  
A full description of both programs can be found on our Website:  
[www.bgcvic.org](http://www.bgcvic.org)



Boys & Girls Clubs  
of Canada

PACIFIC REGION